

Contact:

Madeline Pickering
Public Relations Director
madeline@paradoxsports.org

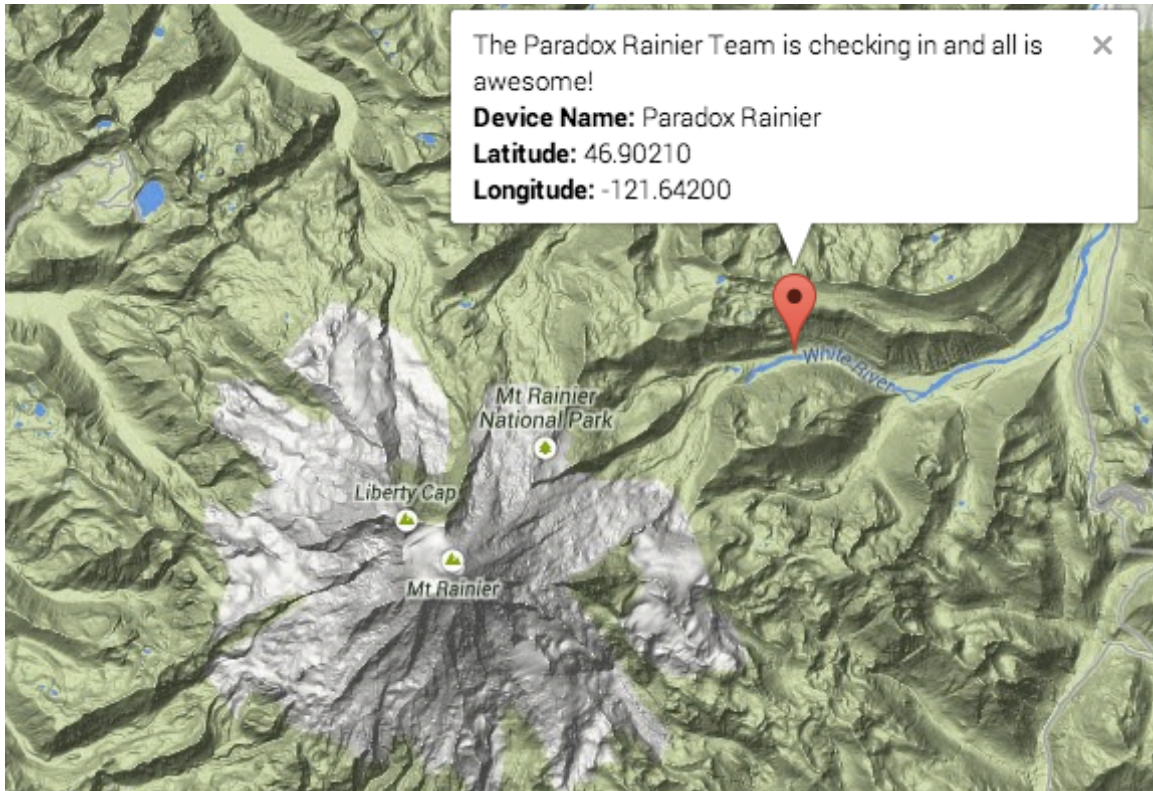
Address:

1911 11th St.
Suite 201
Boulder, CO 80302

**FOR IMMEDIATE RELEASE****Veterans take on Mt. Rainier with Paradox Sports to commemorate Independence Day**

MT. RAINIER NATIONAL PARK, WA (Jul. 3, 2014) – Seven U.S. veterans are on their way up 14,400 ft Mount Rainier in Washington today as they make the ascent to commemorate July 4th. The trip is run by Paradox Sports, an organization founded by veteran D.J. Skelton and professional climber Tim O’Neill to improve people’s lives by creating physical adaptive sports communities. Paradox believes that veterans should have support in living life fully after returning from service. Active outdoor sports are an important step in healing and finding a community upon return.

The team on Mount Rainier, including veterans, guides from Outdoor Research and the Sierra Club Military Outdoors Program, and Paradox Executive Director Tim O’Neill, is using SPOT GPS Messenger to send updates as they make their journey. On July 2nd at 4:58 pm they sent “the Paradox Rainier Team is checking in and all is awesome!” Paradox provides several veteran-specific trips throughout the year, including a Grand Teton climbing event coming up on July 12th and a rafting trip later in the month. To find out about more veteran trips, visit <http://paradoxsports.org/causes/paradox-veterans-2/>.



SPOT GPS Messenger update from Paradox Rainier Team

Paradox Sports

Paradox Sports is a Colorado-based non-profit founded in 2007 by Tim O'Neill and D.J. Skelton to improve people's lives by creating physical adaptive sport communities built to inspire. Focusing on open-source curriculums, adaptive trips, and community building, the organization is breaking down barriers for veterans and people with paraplegia, amputated limbs, and other disabilities to help them climb, hike, and enjoy the outdoors. For more information, visit paradoxsports.org.

END

###