

## Essential Eligibility Criteria

\*Participants may be eligible to participate in a Paradox Sports activity if they can meet an essential eligibility criterion with the assistance of a trained aide. Examples of trained aides include service animals, ASL translators, and individuals trained to assist a participant with physical, emotional, or communication requirements.

In order for minors to meet the EEC, a parent, guardian or responsible adult who is known to the minor may act as an aide. If a participant requires a trained aide to meet any of the EEC, the participant or aide must notify the trip organizer beforehand, except in cases when an adult is accompanying a minor. The trained aide must meet the physical and cognitive requirements as outlined in the Paradox Sports EEC.

- The participant has a permanent, disabling condition.
- Effectively notify leaders or other participants of personal distress, injury, illness or the need for assistance.
- Perform necessary self-care, including maintaining adequate nutrition and hydration, dressing appropriately for environmental conditions, maintaining personal hygiene, and managing known medical conditions.
- If medication needs to be administered in the event of a seizure and/or any other medical condition that requires immediate administration of medication, a parent/guardian or trained caretaker must accompany the individuals to the program.
- Work cooperatively as a member of a group and support a team approach, despite potentially challenging circumstances. This may require flexibility and the ability to compromise on an interpersonal or group level.
- Will be able to breathe independently, without any assistance from medical devices and/or trained professionals.
- Will be able to follow directions independently, or with the assistance of a caregiver.
- Travel over uneven, variable terrain, including flat, uphill and downhill independently or with the assistance of a caregiver or trained Paradox Sports staff and volunteers.
- Wear all required safety gear such as an approved harness, approved helmet, mountaineering boots, crampons ice axe/tool, etc.
- Personal climbing equipment must be in good working order and approved by a Paradox Sports staff member.

Based on the unique nature of each participant, Paradox Sports and its host sites may adopt appropriate policies and procedures in order to allow participation

Any recommendations for equipment needs or wants will be considered based on the participants disability and safety. In the interest of safety, Paradox Sports staff reserves the right to make the decision on the appropriate equipment for each participant.

By signing below, I acknowledge that I have fully read, understand, and will abide by the above named criteria and policies.

Name (Printed)	Date	Signature